

University of Groningen

Wheelchair skill acquisition

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STELLINGEN

behorende bij het proefschrift

Wheelchair Skill Acquisition

Motor learning effects of low-intensity handrim wheelchair practice

1. Optimalisatie van de rolstoel gaat niet zonder aanpassing van de gebruiker (dit proefschrift).
2. Motorisch leren is direct waarneembaar (dit proefschrift).
3. Mechanische efficiëntie is gerelateerd aan de aandrijftechniek (dit proefschrift).
4. Initiële verschillen tussen individuen voorspellen de uitkomst van langer oefenen (dit proefschrift).
5. Hogere intra-individuele variabiliteit is een eigenschap van individuen die meer leren (dit proefschrift).
6. Tijdens het beginnende leerproces heeft reductie van het energie verbruik de prioriteit boven de reductie van lokale gewrichtsbelasting (dit proefschrift).
7. Systematische analyse van rolstoelrijden is van groot klinisch belang voor beginnende rolstoel gebruikers (dit proefschrift).
8. Een promovendus moet naast leren schrijven ook leren (t|r) ekenen.
9. Limits, like fear, are often an illusion. - *Michael Jordan*
10. Keep grounded; you'll climb better. - *Chris Sharma*
11. Your assumptions are your windows on the world. Scrub them off every once in a while, or the light won't come in. - *Isaac Asimov*